

Middle School (Grades 5–8) Extracurricular Catalogue 2021–22



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Extracurriculars at IST

Middle School Trailblazers are taking their skills and interests to the next level!

At IST, we recognize that teamwork, shared interests, and camaraderie are critically important parts of growing, learning, and embodying the IB Learner Attributes. We also recognize that our Middle School students are some of the most inquisitive, talented, and fun people around!

From our very own Rock Band performing pop hits, to our Chess Club mastering their end-game maneuvers, to our Cross-Country team logging miles with joy -- we are delighted to resume our extracurricular activities for the 2021-22 School Year!

This catalogue should help you learn about the offerings and registration process for our Middle School students.

If you have any questions, don't hesitate to contact Brandy Hoopaugh at b.hoopaugh@istexas.org.

See you soon!



Registration Procedures

Register for Term 1 today!

IST's School Year is separated into three academic terms. The terms for the 2021-22 School Year are:

Term 1: August 18 - November 19

Term 2: November 29 - March 10

Term 3: March 21 - May 27

Registration is now open for Term 1. There will be future registrations for Terms 2 and 3.

Please note that certain offerings like our Trailblazer Soccer Team and Challenge Robotics require a multi-term commitment. You will register for each Term separately, but by registering in Term 1, you are making a commitment to the team for the entire commitment period. Check the offering description for details.

Registration and payment are completed through our online portal:

<https://reg139.imperisoft.com/internationalschooloftexas/Search/Registration.aspx>

We encourage you to register asap, as our clubs fill up quickly!

Clubs and teams begin on August 23rd.



Safety Protocols

Prioritizing safety with engagement

We are so excited to see our students for the 2021-22 School Year! As conditions in our country and community are constantly evolving with COVID-19, we are monitoring them to ensure that our safety protocols are the best for our students and their families.

As the start of the 2021-22 School Year approaches, IST will issue and communicate safety guidelines and protocols.

If you have questions about health and safety on either of our campuses, please do not hesitate to email us at frontdesk@istexas.org.

Morning Clubs and Teams

CROSS COUNTRY

Term: 1
Days: Tuesday and Thursday
Time: 7:30-8:10 AM
Cost: \$300 per term; \$125 one-time fee for uniform & league registration

Students, are you ready to run?

IST's Cross-Country team is a program for students who enjoy competitive running and are ready to give 100%! The program is designed for any Middle School student who is dedicated and ready to work hard to improve their running skills and enjoy the sport.

Practices will be held twice a week from 7:30-8:10 AM, and these practices will begin a week prior to the start of school.

The IST Cross-Country team will compete in the Austin Private School Association Cross-Country meets this fall!

Note: Our coaches will reach out to all participating students with a few summer prep requirements. Students should be able to run a mile without stopping by the first practice in August.



Morning Clubs and Teams

Chess Club

Terms: 1, 2, and 3

Day: Wednesday

Time: 7:30-8:10 AM

Cost: \$200 per term; \$50 one-time materials fee

Do you know what the Queen's Gambit is? Do you want to learn? Come join the IST Chess Club!

Students of all levels are welcome to come learn and play.

Meetings will consist of warm-up activities, mini-lectures (on openings, mid-game, and end-game strategies), and peer scrimmages.

Chess can be used as a phenomenal teaching tool to assist students in learning problem solving, abstract reasoning, and sportsmanship.

It doesn't matter if you play daily or have never played at all. Come join us!



Morning Clubs and Teams

Creative Writing

Terms: 1, 2, and 3

Day: Friday

Time: 7:30-8:10 AM

Cost: \$200 per term

The Middle School Creative Writing Club will foster a community of writers to harness creativity, learn, and grow together as writers. The purpose of this club will be to provide students with a positive and productive atmosphere for nurturing and honing their writing skills. This is a welcoming and stress-free environment!

Students will learn about and experience all aspects of the writing process and have the opportunity to share their writing with peers.

Students of all levels are encouraged to join!



Morning Clubs and Teams

Book Club

Terms: 2 and 3

Day: Tuesday

Time: 7:30-8:10 AM

Cost: \$200 per term; \$25 one-time materials fee

Do you love to curl up with a good book? Are you always ready to dive into a great story? Then join us for the MYP Book Club!

The Middle School Book Club will bring students together to talk about books and discuss the reading experience. Students will engage in discussions, creative projects, and activities. As a group of readers, we will explore a diverse range of genres and authors.

Ready? Set? Let's read!



Afternoon Clubs and Teams

Film Club

Terms: 1, 2, and 3

Day: Monday

Time: 3:45 - 5 PM

Cost: \$300 per term; \$250 one-time materials fee

Do you enjoy watching movies? Have you ever wanted to learn how to write, film, and edit your own video pieces? If so, please join us for Film Club!

This club will focus on short, three-act, narrative stories. Students will practice writing screen plays, basic camera work, lighting, sound, and editing. We are hoping to enter the group's final pieces into student film competitions.

We welcome students with an interest in film for what is sure to be a great production!



Afternoon Clubs and Teams

Rock Band

Terms: 1, 2, and 3

Days: Tuesday & Thursday

Time: 3:45 - 5 PM

Cost: \$500 per term; \$150 one-time materials fee

Have you always wanted to be a rock star? Then join the Middle School Rock Band!

Rock Band is open to vocalists, guitarists, bassists, drummers, violinists, and keyboardists who want to experience what it's like to be in a rock 'n roll band. Aside from being fun and genuinely cool, being in a band develops many musical aspects that are specific to teamwork, including listening skills, taking musical direction, accountability, and being open-minded about others' tastes in music.

From a musical standpoint, students will learn about pop songs' structure, in general. Intros, verses, choruses, hooks, riffs, learning to solo, outros, and interludes will be taught. Students will enjoy learning to play current and past rock and pop hits! Our Rock Band club experience will culminate in the group recording their own version of a rock song and we will also have performances throughout the year!



This club is for intermediate-level students who have been taking private lessons on their respective instruments for at least 1-2 years. If you fit these criteria and have never had a chance to really rock -- this is your chance!

Afternoon Clubs and Teams

Model UN

Terms: 1, 2, and 3

Day: Wednesday

Time: 3:45 - 5 PM

Cost: \$300 per term; \$50 one-time registration fee

Calling all students who love to debate, collaborate, and think about the larger issues that impact our global community! Model UN is for you!

IST is proud to launch its Model UN Club this year. Model UN is a simulation of the United Nations General Assembly where students perform an ambassador role while debating real-world topics such as gender equality, climate action, global health, and more.

In this club, students will develop their research, speech, and debate skills while gaining a greater understanding of global issues, geography, and diplomacy.

In addition to our in-house simulations, members of this club will meet up with other ambassadors from nearby schools as a part of the greater assembly.

Let's change the world!



Afternoon Clubs and Teams

Challenge Robotics (Invitation Only)

Terms: 1 & 2

Days: Tuesday & Thursday

Time: 3:45 - 5 PM

Cost: \$500 per term; \$175 one-time materials & league registration fee

- **Registration for Challenge Robotics is for Terms 1 & 2**

We are so excited to bring back our competitive Robotics program at IST! This year, we will be accepting applications from interested students who would like to participate in Challenge Robotics, our competitive Robotics team. Students who are selected from the application process will be invited to participate on the team.

As a participant in the First Lego League competition, the IST Challenge Robotics Team will engage in friendly competition as it engages in research, problem-solving, coding, and engineering as the members work together to build and program a LEGO robot that navigates the missions of a robot game!

***If you are interested in applying for Challenge Robotics, please contact Mr. Gallagher (k.gallagher@istexas.org) for an application.**



Please note that our Challenge Robotics Team requires a two-term (Terms 1 and 2) commitment. You will register for each Term separately, but by registering in Term 1, you are making a commitment to the team for Terms 1 and 2.

Afternoon Clubs and Teams

Robotics Club

Term: 3

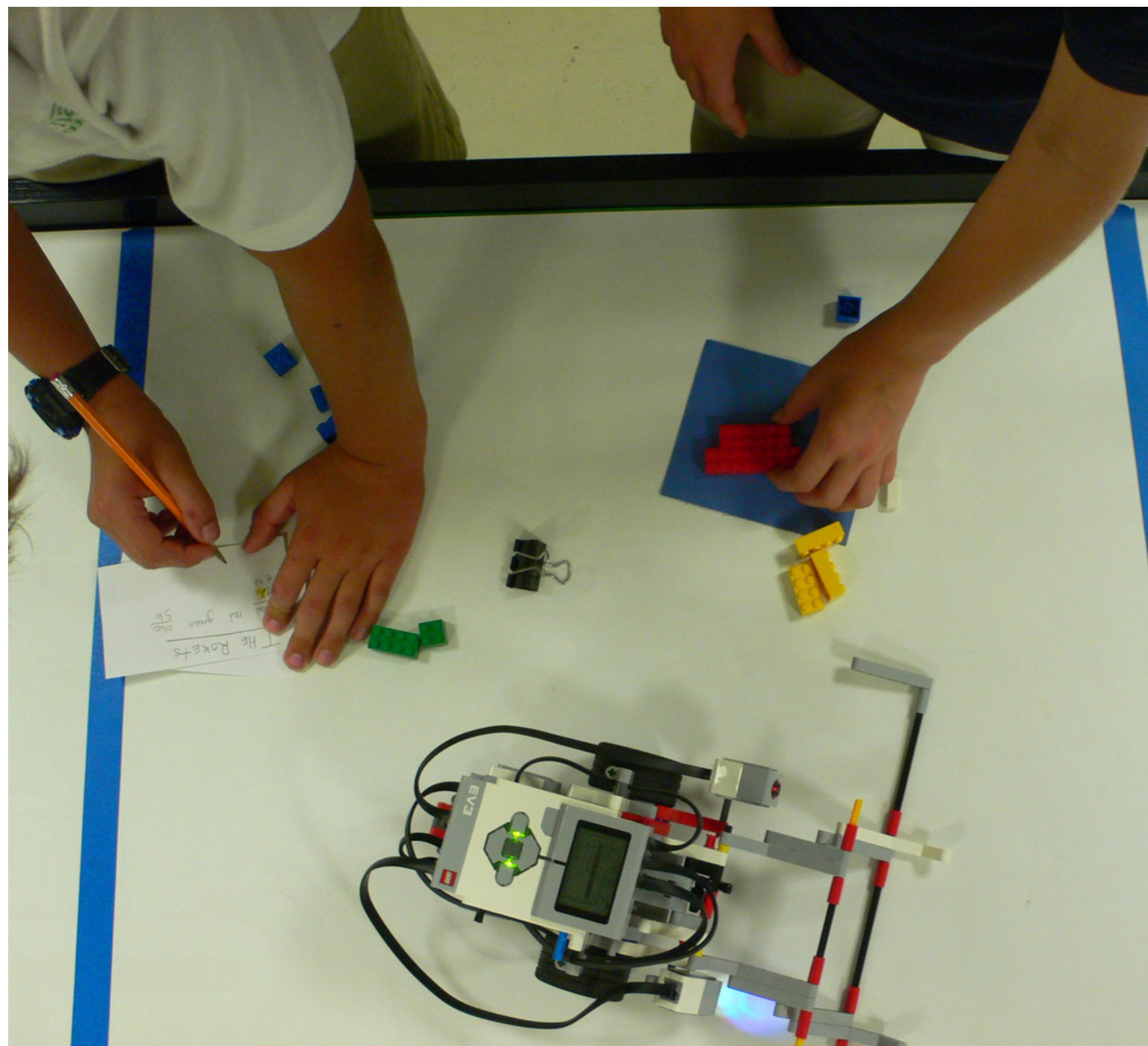
Days: Tuesday & Thursday

Time: 3:45 - 5 PM

Cost: \$500 per term; \$100 one-time materials fee

IST is excited to provide a non-competitive Robotics Club this year! Students will engage in research, problem-solving, coding, and engineering -- building and programming a LEGO robot that navigates the missions of a robot game.

Join us for collaboration, robotics, and fun!



Afternoon Clubs and Teams

Trailblazer Soccer Team (Co-Ed)

Grades: 4, 5, 6, 7, 8

Terms: 1, 2, and 3

Days: Monday & Wednesday

Time: 3:45 - 5 PM

Cost: \$500 per term; \$175 one-time materials / uniform fee

Location: Field of Dreams in Bee Cave

- **Team members are responsible for their own transportation to Field of Dreams.**
- **Previous soccer experience is required for player safety.**
- **Registration for Trailblazer Soccer requires a commitment for the entire school year, Terms 1-3.**

IST is excited to be partnering with Lake Travis Elite Soccer to provide the long-anticipated return of our IST Trailblazer Soccer teams! Lake Travis Elite will be providing training and coaching to prepare our Trailblazers for the highly competitive Austin Private School Association season in the Spring.

Players will work to develop their individual skills while coming together as a team. While previous soccer experience is required for the safety of all team members, we are also looking for attendance, dedication, and hard work!

We will be offering two teams: a Junior Team (grades 4-6) and a Senior Team (grades 5-8). Players will be placed in teams at the coach's discretion, so there may be students from these grades on either team.

Younger students may be eligible depending on the individual player's experience and skills. Both teams will practice together.

Please note that for APSA league games, coaches may prioritize playing time for players that are able to compete safely and competitively, given the physical size and ability of our competition.

We are finalizing the details, but practices are likely to be held at Field of Dreams, located on Highway 71 in Bee Cave. While each student is responsible for their own transportation, we will work together to arrange a carpool to maximize convenience.



Our Goal

IST seeks to provide engaging, stimulating, and fun physical and intellectual activities through the afternoon. We include time for snack and recess, our planned activities, and free play.

Sample Schedule

- 3:35 PM: School Dismissal
- 3:35-4 PM: Snack and Recess
- 4-5:00 PM: Planned Activity Period
- 5:00 PM: Pickup

Note: Team competition and scrimmage schedules may differ.



Pickup Time & Procedures

Students must be picked up promptly at 5:00 PM.

While we understand that life and traffic are often unpredictable, we request that parents pick up their children promptly at 5 PM. If punctual pick-up is a recurring problem, IST reserves the right to charge an additional fee that would not exceed \$5 per minute/per child and would be billed through TADS.

Parents and/or guardians are required to check out each student daily by walking into the School Building and signing out their child with the assigned after-school teacher/club advisor. Students are only allowed to leave IST premises with pre-authorized individuals, and may not leave unattended.

Children will not be released to anyone other than a parent, guardian, or person listed on the child's authorization form on file with IST. If you need to make a change to who is authorized to pick up your child, please notify the Front Desk (frontdesk@istexas.org) in writing or via email prior to pick-up time. If a staff member is unfamiliar with any person picking up a child, IST will require photo identification prior to release.

Snacks

All students should bring a healthy snack each day.

Please remember that IST is a nut-free campus.

Registration Acknowledgment

To register your child for IST Clubs and Teams, please use the online registration link:

<https://reg139.imperisoft.com/internationalschooloftexas/Search/Registration.aspx>

Please note that parents/guardians must sign the Parent Acknowledgement Form in order for their child to participate in any IST clubs or teams.

By registering your child for an IST club or team, you expressly acknowledge that the deadline to pick up students is 5:00 PM. You also acknowledge that, if punctual pickup is a recurring issue, IST reserves the right to assess a fee for extra time of not more than \$5 per minute/per child via TADS.



Sign up today!

Remember to register quickly, as many of our clubs fill up rapidly!

We can't wait to get started and see you for the first day of clubs, August 23!



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Instagram

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