





# Afternoon Clubs and Teams -- p. 12

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# From coding to cross-country, there's a club for every Trailblazer!

At IST, we believe that teamwork, shared interests, and fun are critically important parts of growing, learning, and embodying the IB Learner Attributes.

We are delighted to present our club and team activities for the 2022-23 School Year. We can't wait to see our cross-country runners on their morning runs, to hear our Choir sing our favorite songs, or for our Club Trailblazer students to express their creativity!

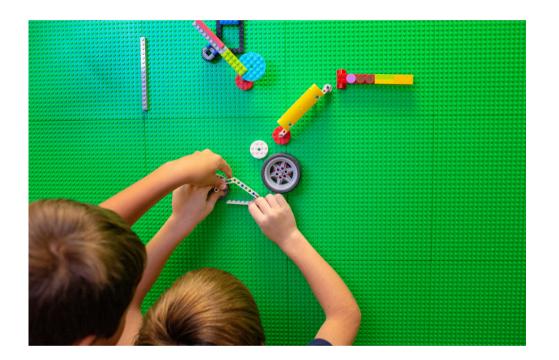
This Course Catalogue will help you learn about the offerings and registration process for our PYP students.

If you have questions, contact Maddie Bates at m.bates@istexas.org. See you soon!

# club overview

# our goal

IST's goal is to provide engaging, stimulating, and fun physical and intellectual activities that complement our curriculum and give our Trailblazers even more opportunities to learn, grow, and be with friends. We include time for snacks and recess, our planned activities, and free play.



# afternoon club/sport schedule

3:25 PM: School Dismissal
3:30-4 PM: Snack and Recess
4-4:55 PM: Planned Activity Period
5:00 PM: Pickup
Note: Team competition and scrimmage schedules
may differ.

# pickup time & procedures

Students must be picked up promptly at 5 PM.

Parents or guardians who are late to pick up their students will be charged (via the TADS system) an extra fee of \$5 per minute/per child for pickup after 5:10 PM. For billing purposes, the time parent and student leave the building is considered dispositive. If you need to use the facilities, please arrive with enough time.

Parents and/or guardians are required to check out each student daily by walking into Building A (by the Front Office) and signing out their child with the assigned afterschool teacher/club advisor. Students are only allowed to leave IST premises with pre-authorized individuals, and may not leave unattended.

Children will not be released to anyone other than a parent, guardian, or person listed on the child's authorization form on file with IST. If you need to make a change to who is authorized to pick up your child, please notify the Front Desk (frontdesk@istexas.org) in writing or via email prior to pick-up time. If a staff member is unfamiliar with any person picking up a child, IST will require photo identification prior to release.

# snacks

All students should bring a healthy snack each day.

Please remember that IST is a nut-free campus. No snacks containing any nuts are permitted. If you have questions about campus-friendly snack options, please contact Nurse Bethany at nurse@istexas.org.

# drop-in care

Club Trailblazer can provide drop-in care for IST students, but is subject to availability. Plesae contact the Front Desk at (512) 351-3403 or email frontdesk@istexas.org if you would like to sign your child up for a drop-in attendance.

All drop-in care will follow the daily afterschool schedule and operations.

Any student not picked up by 3:45 PM on a regular school day will be placed into a club and a \$40 drop-in charge will apply. Billing for drop-in care will be processed through TADS.



# registration acknowledgment

To register your child for IST Clubs and Teams, please use the online registration link below.

https://reg139.imperisoft.com/internationalschooloftexas /Search/Registration.aspx

Please note that parents/guardians must sign the Parent Acknowledgement Form in order for their child to participate in any IST clubs or teams.

By registering your child for an IST club or team, you expressly acknowledge that the deadline to pick up students is 5:00 PM and that an extra fee of \$5 per minute and per child will be assessed via TADS for any pickups after that time.



# term calendar

IST's School Year is separated into three academic terms. The terms for the 2022-23 School Year are:

Term 1: August 15 - November 18 Term 2: November 28 - March 9 Term 3: March 20 - May 19

Club/Team Star school begins)

Cross-Country Start Date: August 2, 2022 (more information will be provided after registration)

Please note whether your club or sport is offered for one term or multiple terms. If your club/sport is offered for multiple terms, please note that your student will be automatically re-registered for any additional terms unless you specifically withdraw them. Additional term fees will be assessed via TADS.

Clubs that require a multi-term commitment for participation will state that in the description.

Note: Soccer is a year-long commitment. When you register your student for soccer, you are agreeing for them to participate for the entire school year.

Club/Team Start Date: August 22, 2022 (one week after



# registration

Clubs and teams begin on August 22nd.

If you have any questions, please contact Maddie Bates at m.bates@istexas.org.

Register soon! Clubs fill up quickly!



# Register now for Term 1!

Register and pay for Term 1 through our online portal:

# https://reg139.imperisoft.com/intern ationalschooloftexas/Search/Registrat ion.aspx

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# cross country

Grades:2, 3, and 4Term:1Days:Wednesday and FridayTime:7:30-8:10 AMCost:\$350 per term; \$150 one-time annual fee

Join the IST Cross-Country Team to run happy miles! Our PYP Cross-Country team is designed for students in Grades 2-4 who would like to participate in competitive, long-distance running. Come help us defend our Austin Private School Association (APSA) championship as we compete against other local private schools!

Team practices will begin on August 2nd. Our coaches will reach out to all participating students with a few summer prep requirements. Students should be able to run one mile without stopping by the first practice.

Once school starts, students will practice before school starts twice a week on Wednesday and Friday mornings at 7:30. Practice ends at 8:10 AM as students head to class.



# IST choir

Grades: 2, 3, and 4 Terms: 1, 2, and 3 Days: Tuesday and Thursday Time: 7:30-8:10 AM Cost: \$50 one-time fee

Join the IST Choir if you love to raise your voice and sing! Our choir sings songs that everyone loves, from "Happy" to "Sittin' On the Dock of the Bay." It's a great way to appreciate music!

Students in the IST Choir participate in singing, as well as fun activities and games. Choir members learn correct posture, breathing, and vocal production while developing pitch matching and rhythmic skills, and training musical memory.

The IST Choir has numerous performances throughout the year, both on campus and in our community, giving the students a chance to show off their hard work!



# advanced languages (invitation only)

# Terms: 1, 2, and 3 Days: Wednesday and Thursday Time: 7:30-8:10 AM Cost: \$250 per term \$50 one-time fee

IST's talented language teachers will invite advanced students to join a group of students practicing their language skills twice a week before the school day begins.

What a great way to start the day with your friends as you work on language acquisition!

### Note:

- Advanced Mandarin students will meet on Wednesday mornings.
- Advanced Spanish students will meet on Thursday mornings.



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# club trailblazer

# Calling all Trailblazers for afterschool fun!

Club Trailblazer is an annual favorite club open to all PYP students, including our youngest friends! Each weekday has a different theme to build on what our students are learning throughout the day with fun and creativity.

Note: Club Trailblazer is available for drop-in on an as-needed basis. See page 5 for additional information.

Grades: Junior Pre-K through Grade 4 Terms: 1, 2, and 3 Days: M, T, W, Th, F Time: 3:45 - 5 PM Cost: \$350 per term; one-time materials fee of \$75

### Monday: Art

Art activities will engage students as they express their skills through fun projects! On Mondays, students will learn about different types of art, famous artists, and use various techniques to embrace their inner creativity.

## **Tuesday: STEAM**

On STEAM Tuesdays, Club Trailblazer students will focus on engineering and design concepts that are engaging, exploratory, and developmentally appropriate. Students will have fun with Legos, robots, and construction projects.



Wednesday: Movement

Movement Wednesdays are a welcome chance for our students to let loose after a long school day! On these days, students will complete different sporting activities and exercises including racing, Capture the Flag, yoga, and more!

**Thursday: Science** 

Our Club Trailblazer students always love Science Thursday! Activities on these days focus on experimentation and observation skills. Students will explore the natural sciences and physical sciences through hands-on activities, nature hikes, model building, and fun demonstrations!

# Friday: Fun Friday

Fun Friday is as great as it sounds! Fridays will be spent doing a variety of silly art activities, nature walks, dance parties, and just provide a chance for Trailblazers from different grades to build friendships and relax at the end of the week!

# soccer -- intro to soccer

Grades: K and 1 Terms: 1, 2, and 3 Day: Monday Time: 3:45 - 5 PM Cost: \$375 per term; \$50 annual fee

The goal of IST Soccer is to learn and grow on a team while having fun!

This team, designed for our Kindergarten and Grade 1 students, will introduce them to the amazing sport of soccer. Team members will learn the rules of soccer and learn how to be good teammates and friends. Team members will receive supportive and encouraging coaching as they learn new skills while playing fair and having fun.

Note: Soccer is a year-long commitment. When you register for Term 1, you are agreeing that your student will participate for Terms 1, 2, and 3.



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# soccer pre-team

Grades: 2 and 3 Terms: 1, 2, and 3 Day: Wednesday Time: 3:45 - 5 PM Cost: \$375 per term; \$100 annual fee

It's time for Trailblazer Soccer! Last year was an exciting and victorious year for our soccer players and this year is sure to be fantastic!

In our Soccer Pre-Team, Lake Travis Elite Soccer will be providing training and coaching to prepare our Grade 2 and 3 students for the highly competitive Austin Private School Association league.

Friendly games will be organized throughout the year and some students may be invited to participate on the IST Senior Soccer Team in games during their season!

Note: Soccer is a year-long commitment. When you register for Term 1, you are agreeing that your student will participate for Terms 1, 2, and 3.





# trailblazer soccer

Grades: 4, 5, 6, 7, 8 Terms: 1-3 Days: Monday & Wednesday Time: 3:45 - 5 PM Cost: \$575 per term; \$175 annual fee

- Team members are responsible for their own transportation to Field of Dreams.
- Previous soccer experience is required for player safety.
- Registration for Trailblazer Soccer is for the entire school year, Terms 1-3.

Fresh on the heels of Trailblazer Soccer's championship season last year, IST is excited to once again partner with Lake Travis Elite Soccer this year! Lake Travis Elite will train and coach our Trailblazers for the highly competitive Austin Private School Association season in the Spring.

Players will work to develop their individual skills while coming together as a team. While previous soccer experience is required for the safety of all team members, we are also looking for attendance, dedication, and hard work! Trailblazer Soccer is comprised of two teams: the Junior Team (Grades 4-6) and the Senior Team (Grades 5-8). Players will be placed in teams at the coach's discretion, so there may be students from these grades on either team. Younger students may be eligible depending on the individual player's experience and skills. Both teams will practice together.

Please note that for APSA league games, coaches may prioritize playing time for players that are able to compete safely and competitively, given the physical size and ability of our competition.

Practices will be held at Field of Dreams, located on Highway 71 in Bee Cave. While each student is responsible for their own transportation, we will work together to arrange a carpool to maximize convenience.



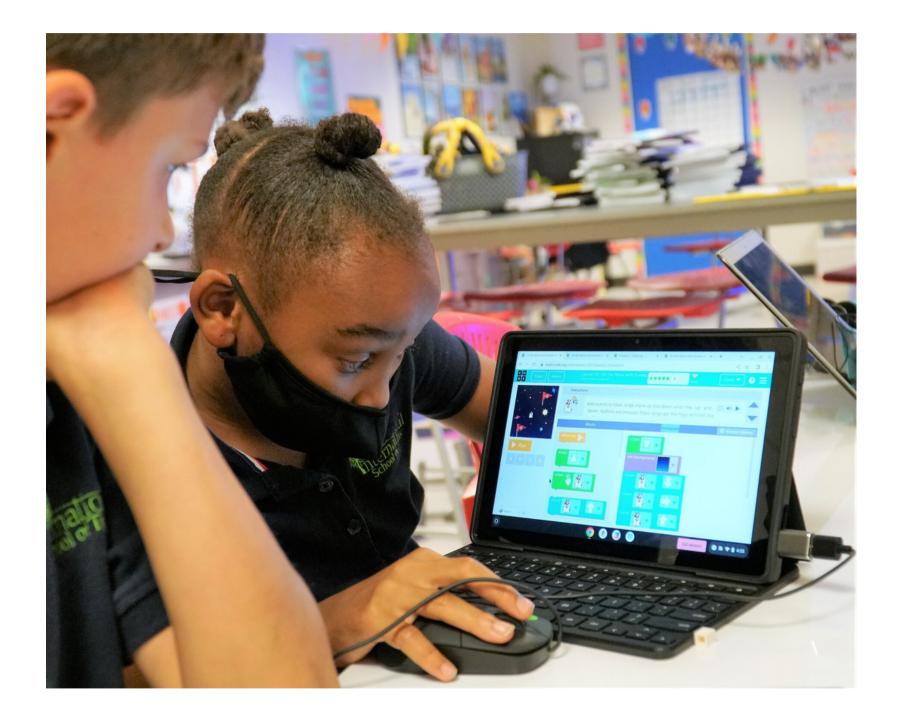
# intro to lego robotics & coding

Grades: Kinder, 1 & 2 Terms: 1 & 2 (both terms required) Day: Wednesday Time: 3:45 - 5 PM Cost: \$375 per term; \$175 annual fee

Calling our youngest coders! This is an introduction to coding for our Trailblazers in Kindergarten and Grades 1 & 2.

In this hands-on club, students will begin to learn how to build and code a robot to complete tasks. LEGO Essential Spike and Wonder robots will be used to help students understand coding and building their own robots. The class will build each week with a design task and coding task. Our Trailblazers will learn high-level thinking skills and develop an engineering mindset.

Note: This is a two-term club. Students interested in participating must register for Term 1 and will also be committing to participate in Term 2. Let's code!



# lego robotics/wonder league

Grades: 3 & 4 Terms: 1 & 2 (both terms required) Day: Tuesday Time: 3:45 - 5 PM Cost: \$375 per term; \$175 annual fee

Calling all Grade 3 and Grade 4 coders! This club is a great opportunity for our older PYP students to work on real-world science and technology with LEGO Robotics.

Our Trailblazer engineers will use their STEM mindset and highlevel thinking skills as they build and code a robot to complete a task. Students will work with LEGO ESSENTIAL SPIKE, as well as Wonder Robots, and Dot and Dash. Students will enjoy designing solutions for science and technology challenge by computer programming with code!

Note: This is a two-term club. Students interested in participating must register for Term 1 and will also be committing to participate in Term 2. Let's code!





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# coding with python & scratch

Grades: 1, 2, 3, and 4 Term: 3 Day: Wednesday Time: 3:45 - 5 PM Cost: \$375 per term; \$150 annual fee

This Term 3 only club is open to students in Grades 1, 2, 3, and 4 -- whether they have coding experience or are starting from scratch! (Pun intended.)

In this club, students will explore the world of coding and building programs, as well as debugging them. Students will get the opportunity to code with support and challenges. Students will use robots, program them for tasks, and learn about the world of coding while they challenge themselves as thinkers, doers, and engineers!

Note: This club is in Term 3 only.



# art club

Grades: K, 1, 2, 3, 4 Terms: 1, 2, and 3 Day: Thursday Time: 3:45 - 5 PM Cost: \$375 per term; \$150 annual fee

Are you a budding Picasso? Are drawing and painting your favorite? Do you just love art and want to create? Then Art Club is the place for you!

Students in Kinder and Grades 1 through 4 are invited to join us for this once-weekly club where we learn about famous artists, the history of art, and try different mediums of expression. Every student is an artist inside, and we can't look forward to creating together!



# basketball

Grades: 2, 3 & 4 Terms: 1 and 2 Day: Thursday Time: 3:45 - 5 PM Cost: \$375 per term, \$175 one-time fee

Whether you are perfecting your lay-up or just learning the rules of the sport, join us on Thursdays for IST Basketball!

We are delighted to add IST Basketball to our athletic program this year. This afterschool team will focus on the rules and skills of the sport while developing their skills both as individuals and as team players.

See you on the court!







Remember to register quickly, as many of our clubs fill up rapidly!

We can't wait to get started and see you for the first day of clubs, August 22!

# Facebook

facebook.com/International School of Texas

# Instagram

instagram.com/internationalschooloftexas